



Ham & Cheddar Omelette — Product Information

SKU	Pack Size	Pack/Unit Weight	Gross Case Weight	Case Cube	Case Dimensions	TI x HI
79358	48	5.3 oz.	16.9	0.73	13 1/2 x 12 1/4 x 7 5/8	12 x 8



Ingredients:

Eastern:

Omelet with Cheddar Cheese (eggs, cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto {color}], water, whole milk powder, soybean oil, modified food starch, salt, xanthan gum, citric acid), Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Margarine (interesterified soybean oil, water, mono and diglycerides, soy lecithin, sodium benzoate [preservative], artificial flavor, beta-carotene [color], vitamin A palmitate), Ham (cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite), Milk with Vitamin D Added, Sugar, Yeast, Contains 2 Percent or Less of: Dough Conditioner (enriched flour, salt, nonfat dry milk, soybean oil, soy lecithin, enzymes [sodium chloride, sunflower oil, maltodextrin], dextrose, ascorbic acid). CONTAINS: WHEAT, MILK, EGGS, SOYBEANS.

Eastern Nutrition Facts

Serving Size: 1/2 Croissant (72 g) 2.5 oz.

Servings Per Container: 2

Amount Per Serving		Calories from Fat 90	
Calories 190			
		% Daily Value *	
Total Fat	10g	15%	
Saturated Fat	4.5g	23%	
Trans Fat	0g		
Cholesterol	80mg	27%	
Sodium	300mg	13%	
Total Carbohydrate	18g	6%	
Dietary Fiber	2%	Sugars	3g
Protein	7g		
Vitamin A	10%	Vitamin C	0%
Calcium	4%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	80g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4



Ham & Cheddar Omelette — Product Information

Ingredients:

Omelet with Cheddar Cheese Filling (eggs, cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto {color}], water, whole milk powder, soybean oil, modified food starch, salt, xanthan gum, citric acid), Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Margarine (interesterified soybean oil, water, mono and diglycerides, soy lecithin, sodium benzoate [preservative], artificial flavor, beta-carotene [color], vitamin A palmitate), Water, Ham (cured with water, salt, dextrose, sugar, modified potato starch, sodium phosphate, sodium erythorbate, sodium nitrite), Milk with Vitamin D Added, Sugar, Yeast, Contains 2 Percent or Less of: Dough Conditioner (salt, wheat flour, nonfat dry milk, soybean oil, soy lecithin, enzymes [sodium chloride, sunflower oil, maltodextrin], dextrose, ascorbic acid), Salt. CONTAINS: WHEAT, MILK, EGGS, SOYBEANS.

Nutrition Facts

Serving Size: 1/2 Croissant (72 g) 2.5 oz.
Servings Per Container: 2

Amount Per Serving		Calories from Fat 90
		% Daily Value *
Calories 190		
Total Fat 10g		15%
Saturated Fat 4.5g		23%
Trans Fat 0g		
Cholesterol 80mg		27%
Sodium 300mg		13%
Total Carbohydrate 18g		6%
Dietary Fiber 2%	Sugars 3g	
Protein 7g		
Vitamin A 10%		Vitamin C 0%
Calcium 4%		Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
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Cholesterol	Less than	300mg	300mg
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Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

Rev. February 20, 2019



When it needs to be *perfect*